

William U. Wei

% Destiny Books

One Park Street

Rochester, Vermont 05767

9/16/12

Dear Mr. Wei,

Greetings! May this letter find you very well and blessed!

I am a prisoner and I am using my time to learn and grow in mind, body and spirit. I found the book "Living in the Tao: The Effortless Path of Self-Discovery" by Mantak Chia and yourself in our prison library. The book was excellent(!) and filled with profound wisdom. I will no doubt read it several times. It contained a lot of information in an easy to understand format. Thank you for taking the time to write this book.

I have a couple questions, if I may. I do not have internet access and I am limited to utilizing books and printed materials. Additionally as a prisoner I have very limited funds. However, the Tao is limitless. Since I cannot access the Universal Healing Tao system via the web, do you have a Universal Healing Tao prison ministry? Are there any Universal Healing Tao centers in PA with a snail mail address? I wish to learn and practice the internal arts. Since I am limited financially and the amount of property I may have. If I could only have 5-10 books (no martial arts fighting techniques or sexual penetration photos [the above book slipped through]) what are the best, clearest books and most informative on the internal arts in your opinion?

Prison is a challenging environment to meditate in. With the lack of privacy, noise, smoke and people moving around it is difficult to get centered. However I believe practice and persistence will pay off. Like you said in the book, little by little. I am familiar with various esoteric practices like Kundalini yoga and the occult/magickal arts. However, many of the people in those arts turn to Taoist practices which tells me that they are more effective and efficient. I wish to devote the remainder of my time on Earth to the internal arts and I appreciate any help you give me in this regard. Although I was not fortunate enough to learn a martial art for self-defense, I've always been drawn to the spiritual/mystical side of the martial arts. Since the prison does not allow us to get books detailing martial arts (fighting techniques) we are limited in what we can access. But books on meditation, visualization and breathing exercises are allowed.

Thank you for writing "Living in the Tao" and for any other help. That book speaks to the heart of many of life's issues, for the prisoner or free man alike. Thank you for your time. Peace!

Sincerely,
David Mandall

P.S. Please remember that I do not have internet access.

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